



MEDICAL SPANISH IMMERSIONS & ELECTIVE ROTATIONS IN COSTA RICA 4– week blocks in February & July



International Rotation Description:



Immerse yourself in the Spanish language and Costa Rican culture while taking 60+ hours of intensive Medical Spanish courses and living with a Costa Rican host family. You will practice your medical Spanish language skills while working with patients in local clinics and schools, providing healthcare screenings, and giving preventive healthcare *charlas* to various target groups of children and adults.

Rotation Blocks corresponding to February & July

60—80 hours of Spanish immersion classes

Medical Work:

• Give important Patient Education Focused on Illness and Disease Prevention in the following areas:

Proper Nutrition Basic Anatomy and Body Systems Addictions and drug/alcohol abuse Proper Hygiene Female Sexual Health Other topics as requested

- Assist local NGOs in their health-related projects in shanty towns
- Provide medical outreach in impoverished communities around San José
- Assess public health risks and barriers to care in target communities
- Tour public and private hospitals and learn about the health situation and standards of care from the Ministry of Health.
- Interact with physicians and other healthcare professionals as they teach you about their specialties

Live with a Costa Rican host family:

- Gain informal Spanish language exposure and practice
- Observe and participate in Latino culture
- Build lifelong relationships

Weekend Travel | Optional Excursions

Join your compañeros on a few optional day trips and weekend getaways:

- Manuel Antonio National Park and Beach weekend
- Poas Volcano day trip
- Tour a local working coffee plantation
- 80 meter Waterfall Rappel
- La Fortuna and Volcán Arenal weekend
- Tortuguero National Park weekend
- Río Pacuare River Rafting weekend



Contact Rory Foster

directly with any questions regarding this immersion program and possibilities of adjusting its length to fit your needs:

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